

Kenmore Soccer News

Volume 18, Number 3

Kenmore/Tonawanda, New York

May 2024

2024 Season Kicks Off

It seemed like the rain and cool days of April might never end, but hopefully this week's warmer temperatures are a sign that we have turned the corner.

Travel soccer matches get underway on Monday May 6th with the start of games for the 8U through 12U teams. The Town has begun to line the fields and set up the goals, so we are hopeful that the weather will cooperate and allow the fields to dry from all of the recent rain.

Kenmore Soccer is now the primary tenant at Kenney Field from May-July, and there will be numerous travel soccer games on many nights, including games under the lights.

There are numerous changes at Kenney Field this year:

- The Town is currently completing an asphalt walking path that will run the perimeter of Kenney Field.
- The Town is in the process of acquiring signage to mark the field numbers.
- We have purchased an AED that will be placed in the concession stand, which will conform to a new State law enacted that requires youth sports organizations to have AED equipment at games, and trained staff to utilize them, which we have also done.

Kenmore Soccer will also be overseeing the Town's Spring Recreational Soccer program from May 7th through June 19th.

We have added a Summer Micro Soccer session for ages 4-6 that will run from June 19th through August 3rd.

Once again this season Kenmore Soccer will operate the Kenney Field concession stand, so please feel free to frequent the stand and support Kenmore Soccer, including fireworks night on July 3rd! If you can help out with concessions on that night, please let Ken Voght know. You get preferred parking and a front-row seat when the fireworks begin!



**YOUR TRUSTED CHOICE FOR
A/C SERVICE & INSTALLATION**

ISAAC
Heating & Air Conditioning

Register Now
or Save the Week
2024 Celtic FC Summer Camp
July 15-19 — Kenney Field



Our Celtic FC Summer Camp, led by professional staff from Celtic FC in Glasgow, Scotland, will be held during the week of July 15-19, 2024 at Kenney Field. Nearly 100 campers participated in the 2023 camp.

Registration is now open via the Kenmore Soccer web site. Register early, as we must limit the number of participants.

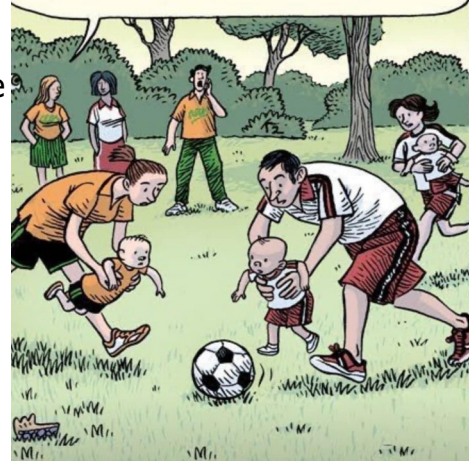
If you delay, please save the date and hope there is still room later for the best soccer camp in the western New York area.

Don't Get Caught Up In The Race
to the Bottom

We have watched soccer "businesses" continue the "race to the bottom", trying to convince parents to enroll their 2 year olds (or in one case their 18 month olds) in soccer training programs, as this recent cartoon published by a Houston soccer academy points out.

Don't get caught up in the race to the bottom, let your kid be a kid.

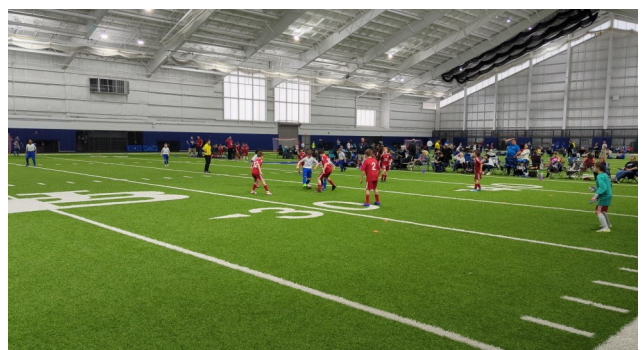
"Is this Pre-ECNL, Pre-ECRL, Pre-GA, Pre-MLS Next or Pre-Elite 64? I just need something to brag about to my neighbors...SHOOT IT!"



Kenmore Soccer Teams Play at Indoor Tournament at UB

Five Kenmore Soccer teams participated in the MileSports Indoor Soccer Tournament held at the Murchie Family Fieldhouse on the UB North Campus. Win or lose, they all worked hard and represented Kenmore Soccer well. Leading the way was the U9 Kenmore Bulldogs girls soccer team who went 3-0 and won the championship. They scored 13 goals and didn't concede any the entire tournament.

Photos of each of the teams at the event are shown below.



Two Recent Kenmore Soccer Players Are Recognized

We are always pleased to see current and former Kenmore Soccer players receive academic and/or sports recognition.

Recently, two of our long-time players were recognized for their role in leading Mt. St. Mary Academy to the Catholic High School State Basketball championship.

In addition to her success with basketball, Siobahn Murphy was also an all-Catholic selection in soccer.

Amanda Saber is co-executive president of the student body and recovered from an ACL injury to play basketball this season.

Congratulations to both girls on their achievements!



Kenmore Niagara Surf 2007 Girls Capture Nike Challenge Cup

Congratulations to the Kenmore Niagara Surf 2007 Girls, winning the Nike Challenge Cup event in Columbus, Ohio. The girls scored 16 goals over four games, while only conceding one in victories over FC Pittsburgh, Erie Commodores, and BC United.



Trivia Question

(answer on page 9)

Who is the oldest player to ever appear in an MLS match?

Quotes to Remember

When the press asked Marv Levy whether or not a game had been a must win, his response was "World War 2 was a must win; this was just a football game."

Kenmore Soccer Players Return from Portugal Trip



Pictured above are members of a recent trip to Portugal operated by Sports Ventures. The group included numerous boys from Kenmore Soccer, mostly in the 12/13 age range. They played 3 matches, attended a professional game at Benfica's Stadium of Light, had several training sessions with professional Portuguese coaches, toured Lisbon, and even had surfing lessons.

Parents: A Pre-Game Routine for Parents

by Skye Eddy

As parents, we play a crucial role in ensuring our children show up to a game ready to compete and feel inspired. While the result of the game does not matter (this is youth sports and lots of learning happens from losing too) we should want our children to always bring a want-to-win, competitive mindset to games.

Developing a Pre-Game Routine for Parents is an essential step to support our children. Aside from things like making sure your child has the proper nutrition before a game, there are a handful of things to consider as you put together a Pre-Game Routine that works for you, your child, and your family.

- **Be conscious of how you are feeling.** Is there a bit of extra stress in your body because it's a big game such as a tournament final or a cross-town rival? While it's normal for parents to feel a sense of stress because we care and want our children to do well, we must not let our children feel this stress. Take a moment before you interact with your child on game day to reflect on how you are feeling and develop a strategy to manage yourself if the stress has crept in. Maybe it's as simple as a few deep breaths or a statement you say out loud to yourself such as "*I need to be calm and supportive and bring some joy to the game.*"
- **Have a checklist for getting out the door.** There's nothing worse than a frenzied rush out the door screaming reminders about water bottles and uniforms to put your child in a less-than-optimal frame of mind for a game. Whether it's a mental checklist or paper posted by the door, develop a plan for leaving the house prepared.
- **Support your child's goals for the game.** Regardless of the age or skill level of your child, they should have some goals for the game. For a young, novice player maybe it's to stay focused when they are in the game or to dribble with speed three times during the game. For an older player maybe it's to keep their head up when they have the ball, to stay focused and move off the ball. For most children, it's best to have this conversation the day before the game or over breakfast, not while they are in the backseat and you're peering in the rear-view mirror trying not to be stressed yourself! Once your child has decided on their game goals (narrow them to a few words so they remember them) – remind them so they are front of mind as they head off to their team.
- **Develop a special sendoff tradition.** Maybe it's a high five or a special handshake. Come up with something special you say or do that is an indication they are leaving you, joining their teammates, and it's game time! For my daughter, it became the same statement: WORK HARD, BE A GOOD TEAMMATE, HAVE FUN....LOVE YOU! For games I couldn't make in person, this would often be the last message she saw on her phone before she put it away to start warmup.

While we likely understand the importance of teams having a Pre-Game Routine to properly prepare for a game, putting a Pre-Game Routine for Parents in place can be a great step towards supporting our children, helping them feel inspired and ready to compete.

Kenmore World Cup Camp

for

Ages 9-14

Week of 7/22-7/26 at Kenney Field

Our World Cup Camp will operate the week of 7/22-7/26 at Kenney Field from 9:00am-3:00pm, and is for ages 9-14. Registration can be done through www.kenmoresoccer.com. If you already have an account, simply login and select the camp program. If you do not have an account, just follow the instructions under the "Register with Kenmore Soccer" link.

Led by Nick DeMarsh, the Technical Director for Kenmore Soccer, the camp will focus on technical training in morning sessions, with daily small-sided tournaments and competitions in the afternoons including Power Shooting, Placement Shooting, Breakaways, and Penalty Kicks.

The cost is \$160 for the week paid in advance, or \$35/day if paid on site (and you can attend the days of your choice).



Kenmore Soccer is in the Social Media World

Kenmore Soccer has joined the social media experience by creating sites within Instagram, Twitter, and Facebook. Links to all of the platforms are on the left hand side of our web site landing page.

Teams (or parents for that matter), can post information on these sites by following these instructions:

Instagram:

If someone posts a picture to their account and wants to tag Kenmore Soccer or include us in a comment, tag our account by using @kenmoresoccerclub

Twitter:

Anyone can tweet to the Kenmore Soccer page or include us in a post by tagging us using @KenmoreSoccer

Facebook:

Anyone can post to the wall on the Kenmore page, write a comment on posts, or post a picture/video to the page.

If someone wants to tag Kenmore Soccer Club in a post or picture, they need to type @kenmoresoccerclub

All other photos/videos can be sent to kenmoresoccerclub@gmail.com.

We have a number of followers on these sites, and you might notice that it includes Celtic FC who has posted information. Most importantly, we have uploaded video of several individual training sessions.

Submissions Anyone ??????????????

We want this to be your newsletter. We also want you to be a part of the Club web site. So, we are looking for your ongoing input—articles, pictures, match highlights, team and player recognition, etc. Each team should consider having a designee that can channel information to the Club for inclusion in the newsletter or web site.

Send your submissions to us at kenmoresoccerinc@gmail.com. Pictures are welcome, but should be in a jpg or gif format.

Contacting us

Web Site — www.kenmoresoccer.com

E-Mail — voght@msn.com

Telephone — 716-837-1627

Mail — 57 Greenleaf Avenue, Tonawanda, New York 14150

Answer to Trivia Question

(from page 4)

Pat Onstad was 43 years, 2 months, and 22 days old when he played for DC United in a match in 2011.

Right here for you.

On and off the field. [Learn more »](#)

univera
HEALTHCARE



2375 Elmwood Avenue
in Kenmore

**PARKINSON'S
BOXING'S**

Fund Raising

The Kenmore Soccer Club is registered to conduct fund-raising, as is required by law, but each activity needs to be approved by our Board of Directors.

If your team wants to conduct any fund-raising, just e-mail us at doc@kenmoresoccer.com with the details of what you propose, and the eventual use of the funds raised. We will get back to you promptly.